

## Positive and negative activation scale for dogs

For each of the statements below, please place a cross in the box which most accurately describes your level of agreement with how your dog behaves in general in this situation. Please consider whether your dog's behaviour is of similar intensity and occurs as frequently as described. For example, if in item 2 your dog **always** becomes **a little** excited when it is about to go for a walk, you would mainly agree with the statement.

If your dog has never encountered the situation and you are unable to predict the behaviour, please use the not applicable option

		Agree strongly	Mainly agree	Partly agree, partly disagree	Mainly disagree	Disagree strongly	Not applicable	Office use only
1	Your dog is rarely frightened							
2	Your dog becomes very excited when it is about to go for a walk (e.g. when it sees its lead, or when it hears "walkies", etc.)							
3	Your dog is easily startled by noises and / or movements							
4	Your dog is very persistent in its efforts to get you to play							
5	Your dog shows little interest in its surroundings							
6	Your dog appears nervous and / or jumpy for several minutes after it has been startled							
7	Your dog is easily excited							
8	Your dog has a specific fear or phobia							
9	Your dog tries to escape from the garden							
10	Your dog appears calm in noisy, crowded places							
11	Your dog is full of energy							
12	Your dog is frightened by noises from the television or radio							

		Agree strongly	Mainly agree	Partly agree, partly disagree	Mainly disagree	Disagree strongly	Not applicable	Office use only
13	Your dog usually appears relaxed							
14	Your dog is lazy							
15	Your dog adapts quickly to changes in its environment (eg. being cared for by different people, moving house or a family member leaving home)							
16	Your dog appears afraid of the vacuum cleaner or any other familiar household appliance							
17	Your dog requires a great deal of encouragement to take part in energetic activities							
18	Your dog persists in being naughty despite being told off for the behaviour							
19	Your dog appears calm in unfamiliar environments							
20	Your dog is very boisterous							
21	Your dog appears unsettled by changes to its routine (e.g. if it is not fed at the usual time, if it is left alone for longer than usual)							